

AND THE AWARD GOES TO...



West Caldwell's Environmental Commission honored Crane's Mill along with four other area businesses with a Beautification Award during a ceremony at a Gazebo Concert in Crane park recently. Beautification Awards are presented to West Caldwell businesses and homeowners whose property reflects that an extra effort has been devoted to its beautification and maintenance.

Councilman Joseph Cecere, a member of the Environmental Commission, said the goal is to recognize the community's overall appearance. It's not just what you see from the street that counts. Cecere said members of the commission drive through the community to access the entire landscaping design and maintenance.



Kudos go to our excellent maintenance team who keep the campus beautiful and also the many talented residents who contribute their gardening skills, adding to the neighborhood ambience.

Mill Club MEMBER PROGRAM

Plan For Tomorrow While Enjoying Life Today

"We wish we'd made our move earlier," is one of the statements we hear from many of our residents. Crane's Mill is situated on 48 beautiful acres which house a wildlife habitat and our very own pond. Our community offers a wealth of social and recreation activities, it's understandable why so many people wish they had become a part of Crane's Mill sooner.

Imagine an opportunity of experiencing the lifestyle of Crane's Mill while still living in your own home. With the Mill Club Program you get to do just that. Each member is welcomed to participate in Crane's Mill activities while becoming familiar with the amenities, staff and residents.

Enjoy the lifestyle you deserve. Experience the possibilities of living at Crane's Mill. A complete life-care retirement community, Crane's Mill offers an active, vibrant lifestyle within easy reach of the excitement and cultural attractions of New York City, shopping, beaches, churches and medical facilities.

A Mill Club membership gives you a taste of the active, fulfilling and independent lifestyle that awaits you at Crane's Mill. *Don't you think it's time to guarantee your place at such a premiere life care community with a reputation of excellent service?*



Crane's Mill
Continuing Care Retirement Community

459 Passaic Avenue
West Caldwell, NJ 07006

www.cranesmill.org



A program of Lutheran
Social Ministries of New
Jersey, a not-for-profit
agency serving New Jersey
since 1904.

You Are Invited!

The Crane's Mill marketing staff holds frequent informational events and luncheons at our community, but there's no need to wait, call us to schedule a tour **973.276.6700**. Visit our website at www.cranesmill.org to find out more about us.

Join us on **Saturday, September 17 - 10:00 am-2:00 pm** for the Crane's Mill Health Fair! Included in the fair will be blood pressure screenings, glucose checks, bone density checks, cardiac and nutritional education, osteoarthritis, chiropractor, and respiratory care.

DON'T MISS IT-COMING SOON: Our Grand Fall Tour of Homes.
Call **973.276.6700** for more information.



THE Crane's Mill VIVACITY



News From Crane's Mill, A Continuing Care Retirement Community

IN THIS ISSUE

P3

COURT IS IN SESSION
Bocce comes to the campus. Our new court will see lots of action. There is always something happening at Crane's Mill.

P4

LIFE'S REWARDS
We all have appreciated those times in life when all the hard work and planning pay off. Retirement is the perfect time of life for the ultimate reward.

P5

THE MILL CLUB
Membership has its privileges.

DINING AT CRANE'S MILL

Culinary art for the eyes as well as the palate



Walking into the dining section at a local Whole Foods can easily be turned into a culinary event. Should we have pizza, sushi, a submarine sandwich, or something from the grill? Or we could have a healthy salad, and then slide over to the bakery counter for dessert. "Display cooking," adds to our retail experience.

"Exciting new options to fit everyone's lifestyle...it's the essence of Cranes Mill."

This concept of display cooking—the creation of multiple dining options and experiences within a café-like setting—is currently under construction at Cranes Mill. We are transforming our main café into a display cooking and dining venue offering a myriad of food choices, all prepared directly in front of our residents and guests.

We will offer a pizza oven, salad bar, coffee and drink bar, sandwich station, grill area, dessert case, and more. Not to mention the great changes to our Pub. Exciting new options to fit everyone's lifestyle...it's the essence of Cranes Mill.

More about our dining on page 2

CULINARY ART FOR THE EYES *and the palate* continued from page 1

The concept at Crane's Mill sets the stage with re-design of the formal dining room to include a Center Stage area that will feature a brick oven and a Chef cooking to order. The Café/Bistro will be completely redesigned with an added grocery store where residents can purchase a variety



“The main theme designed into the Crane's Mill dining experience is versatility and joie de vivre.”



Something fun and innovative is always going on in the kitchen. Residents can simply enjoy a cup of coffee and watch the cooks prep vegetables for dinner. Our goal is to make it a fun environment.

of prepared foods and grocery items. There will also be a redesigned pub area that will feature a new bar, key club, and flat screen TVs. In this modernly renovated space, guests can look forward to:

- freshly prepared foods using authentic ingredients;
- theatrical and educational experiences where the chefs play the starring role; and
- something new and exciting every day, enhancing satisfaction and increasing participation.

At Crane's Mill new dining facilities, we envision an area that is a hub of activity. A place where our residents and guests can:

- meet friends, participate in spontaneous interactions, and socialize;
- participate in organized activities such as cooking demonstrations and classes;
- enjoy an interactive dining experience; and
- learn nutritional information about the foods they eat and how they can create the same experiences in their own homes.

Crane's Mill's recent dining room renovations offer an interactive dining experience featuring a global menu. The focus at one time might be a geographic area, and a cultural event the next. The key ingredient will be signature small plates (tapas) offering everything from appetizers to entrées. New and innovative specials will be introduced daily, thereby eliminating menu fatigue.

This concept has application for everyday participation and features a diversity of foods and dining experiences. Some interactions will be organized (such as cooking classes); others will be spontaneous.

During peak hours, the stage will feature the chef creating masterpieces from the focus feature of the day. Food will be accompanied by accessories, so the experience is complete. For example, an Italian-themed event would feature not just foods, beverages and desserts, but also art, music, table décor and accessories to transport the guest to that space or experience. **Call us to schedule a tour 973.276.6700 we'd love to show you around. Bon Appetit!**

CRANE'S MILL VISITS PRINCETON *and enjoys a world of art.*



Viewing great art is a way of traveling somewhere new without ever leaving home. We at Crane's Mill are fortunate to be situated nearby to some of the world's great art treasures. Recently, six residents of Crane's Mill and their driver, traveled to the Princeton University Art Museum, which is one of the leading university art museums in the country.

Currently there are four art exhibitions on display. *The Tokaido Road, 19-20th Century Journeys through Japanese Prints.* Featuring prints from Ando Hiroshige (1797-1858) who created more than thousand prints of the three hundred mile route. *When Men and Mountains Meet: China as land and people.* Man's encounter with the mountains, streams and the unpredictable forces of nature are depicted thru paintings, prints and photography. *Lasting Impressions of the Grand Tour.* Feature prints from printmaker Giuseppe Vasi (1710-1782) depicting eighteen century Rome as upper middle class tourists would view it. *Kurt Schwitters: Color and Collage.* He was a German artist (1887-1948) who developed a unique form of artistic practice that merged art, life and found objects into three dimensional art.

After the museum the group visited the chapel at Princeton and enjoyed a delightful lunch at Mediterra. What a wonderful way to be with friends, make new friends and spend a beautiful spring day!

COURT IS IN SESSION. *The new Bocce Court opens to rave reviews*



Angelo Del Russo, the contractor who built our court, throws the Boccino as residents and Executive Director Craig Karczmer look on.

At Crane's Mill there are ample resources for our residents to stay active and engaged. With a beautiful pool and state-of-the-art fitness center there is always a way to stay active. Now, as if there weren't enough choices and opportunities for recreation and entertainment at Crane's Mill, here's one more—and it's sure to be a hit with residents and their guests. Executive Director Craig Karczmer explains. “A Bocce Ball court had been a request by many of our residents and I couldn't be happier that we were able to build it for them.”

Many CCRCs across the country are discovering that Bocce courts help create community, foster a great sense of friendly competition and provides a wonderful opportunity for low-impact exercise that is appropriate for any age or skill level. It's also great fun to watch and cheer on the players.

Bocce is a ball sport with a common ancestry from ancient games played in the Roman Empire. Developed into its present form in Italy (where it is called Bocce, the plural of the Italian word boccia which means “ball”), it is played around Europe and also Australia, North America and South America.

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LIFE'S CHOICES *lead to life's rewards.*

Life is all about choices. From the moment we are on our own we choose where to attend college, when to marry, where we make our home, what career moves to make, and when to start a family. You've built a life of accomplishment and success, raised a family, developed a career. Choices! You've always controlled your fate and chosen a path leading to responsibility and security—and before you knew it, your retirement was here. It's time to reap the rewards of all your careful planning and hard work. More time now for hobbies, family and travel. Time to enjoy the future you planned. Crane's Mill is the kind of community that was designed with you in mind. You owe it to yourself to take the time to visit and discover why so many people describe our community as one of “life's great rewards.”

With summer in full swing there is no time like the present to see our campus in full bloom. With great apartment and cottage floorplans available as well as new financial options, the Crane's Mill choice could be the wisest you've ever made.



“Choosing Crane's Mill has been a great gift to my children as well as to myself.”
—Susie Price

LIVING OPTIONS—*Cottage or Apartment Homes.*

APARTMENT HOMES: The apartments at Crane's Mill offer designs selected specifically to be both refined, yet casual. Wonderful views of the campus are available, including some that



overlook the lake and forest preserve. A choice of several floorplans means plenty of room for entertaining friends and family.

Maintenance-free living means you'll have plenty of free time to enjoy the lifestyle at Crane's Mill.



COTTAGE LIVING

The Cottage Homes reflect elegance and charm of a classic residential design. Situated along gently winding streets in serene neighborhoods, these graceful homes are within an easy stroll along sidewalks and walking paths to all of the amenities of the community center and campus grounds.